



SHORINJI KEMPO OCTOBER 2019 SCHEDULE

CHILDREN CLASSES 6:30PM-7:45PM - ADULT CLASSES 7:45PM-9:30PM <http://sk-oc.org>

OCTOBER 3rd Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

OCTOBER 4th Friday 7:00pm-8:30pm ALL LEVELS

OCTOBER 5th Saturday 10:00am-11:30am BLACK BELTS !!

OCTOBER 7th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

OCTOBER 10th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

October 10th, 2019 Thursday CHARITY ASSEMBLY LINE !!

OCTOBER 11th Friday 7:00pm-8:30pm ALL LEVELS

OCTOBER 12th Saturday 10:00am-11:30am BLACK BELTS !!

OCTOBER 14th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

OCTOBER 17th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

OCTOBER 18th Friday 7:00pm-8:30pm ALL LEVELS

OCTOBER 19th Saturday 10:00am-11:30am BLACK BELTS !!

OCTOBER 21st Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

OCTOBER 24th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

OCTOBER 25th Friday 7:00pm-8:30pm ALL LEVELS

OCTOBER 26th Saturday 10:00am-11:30am BLACK BELTS !!

OCTOBER 28th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

~~OCTOBER 31st Thursday HALLOWEEN- CLASS CANCELLED !! HAPPY HALLOWEEN !~~

ORANGE COUNTY SHORINJI KEMPO SPARRING TOURNAMENT

SATURDAY NOVEMBER 9th, 2019

FRIDAY, DECEMBER 13th, 2019 – CHRISTMAS PARTY !!



SHORINJI KEMPO SEPTEMBER 2019 SCHEDULE

CHILDREN CLASSES 6:30PM-7:45PM - ADULT CLASSES 7:45PM-9:30PM <http://sk-oc.org>

SEPTEMBER 1st SUNDAY – SUPPLEMENTAL BROWN/BLACK BELT PRACTICE 9am-11am

~~SEPTEMBER 2nd MONDAY LABOR DAY NO – PRACTICE~~

SEPTEMBER 3rd TUESDAY – SUPPLEMENTAL BROWN/BLACK BELT PRACTICE 7pm-8:30pm

SEPTEMBER 4th WEDNESDAY – SUPPLEMENTAL BROWN/BLACK BELT PRACTICE 7pm-8:30pm

SEPTEMBER 5th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

SEPTEMBER 6th Friday 7:00pm-8:30pm ALL LEVELS

SATURDAY SEPTEMBER 7th BLACK BELT EXAM 9am-12noon

&

CONNORS SAYONARA UCLA PARTY 6pm-8pm ! ! ! !

SEPTEMBER 9th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

SEPTEMBER 12th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

SEPTEMBER 13th Friday 7:00pm-8:30pm ALL LEVELS

SEPTEMBER 14th SATURDAY CARDEN VOLUNTEER SERVICE CLEAN UP 10am-12noon

SEPTEMBER 16th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

SEPTEMBER 19th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

SEPTEMBER 20th Friday 7:00pm-8:30pm ALL LEVELS

SEPTEMBER 23rd Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

SEPTEMBER 26th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

SEPTEMBER 27th Friday 7:00pm-8:30pm ALL LEVELS

SEPTEMBER 30th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

October 10th, 2019 Thursday Charity Assembly line

November 9th, 2019 Saturday Orange County Branch SPARRING Tournament



SHORINJI KEMPO AUGUST 2019 SCHEDULE

CHILDREN CLASSES 6:30PM-7:45PM - ADULT CLASSES 7:45PM-9:30PM <http://sk-oc.org>

AUGUST 1st Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

AUGUST 2th – FRIDAY CARDEN SHORINJI KEMPO VOLUNTEER 11am-12noon! !

AUGUST 2nd Friday 7:00pm-8:30pm ALL LEVELS

August 3rd, 2019 8am-2pm Huntington Beach Clean-up & Practice & Party

Corner of Beach and Pacific Coast Highway (Life Guard Tower 15)

**8am-9am Beach Clean up 9am-10am Shorinji Kempo
10am-2pm Party – eat – swim - run**

AUGUST 5th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

AUGUST 8th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

AUGUST 9th – CARDEN SHORINJI KEMPO VOLUNTEER 11am-12noon! !

AUGUST 9th Friday 7:00pm-8:30pm ALL LEVELS

AUGUST 12th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm (MAKE UP EXAM)

AUGUST 15th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm (EXAM)

AUGUST 16th – CARDEN SHORINJI KEMPO VOLUNTEER 11am-12noon! ! (EXAM)

AUGUST 16th Friday 7:00pm-8:30pm Monday 12th White/Yellow Belts Thursday 15th Green Belts Friday 16th Brown/Black Belts

**August 12th -16th, 2019 CANADA PRACTICE AT TORONTO BRANCH
VISIT NIAGARA FALLS & NEW YORK**

AUGUST 19th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

AUGUST 22nd Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

AUGUST 23rd FRIDAY CLASS CANCELLED DUE TO SPACE AVAILABILITY !

AUGUST 23rd Friday NO CLASS Special Dinner for Carden Summer Volunteers 7:30pm-9:30pm

AUGUST 25th SUNDAY 1pm-5pm GODO RENSHU

Pasadena Japanese Cultural Institute 595 Lincoln Ave, Pasadena, CA 91103

AUGUST 26th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

AUGUST 29th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

AUGUST 30th CARDEN SHORINJI KEMPO VOLUNTEER 11am-12noon! !

AUGUST 30th Friday 7:00pm-8:30pm ALL LEVELS



SHORINJI KEMPO JULY 2019 SCHEDULE

CHILDREN CLASSES 6:30PM-7:45PM - ADULT CLASSES 7:45PM-9:30PM <http://sk-oc.org>

JULY 1st Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

JULY 4th Thursday No Class – HAPPY 4th of JULY ! ! ! ! ! ! ! ☺ ! !

JULY 5th ~~CARDEN SHORINJI KEMPO VOLUNTEER~~ 11am-12noon ! ! CANCELLED !

JULY 5th ~~Friday 7:00pm-8:30pm BROWN AND BLACK BELTS ONLY~~ ! CANCELLED !

JULY 8th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

JULY 11th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

JULY 12th – CARDEN SHORINJI KEMPO VOLUNTEER 11am-12noon ! !

JULY 12th Friday 7:00pm-8:30pm ALL LEVELS

JULY 15th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

JULY 18th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

JULY 19th – CARDEN SHORINJI KEMPO VOLUNTEER 11am-12noon ! !

JULY 19th Friday 7:00pm-8:30pm ALL LEVELS

JULY 22nd Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

JULY 25th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

JULY 26th – CARDEN SHORINJI KEMPO VOLUNTEER 11am-12noon ! !

JULY 26th Friday 7:00pm-8:30pm ALL LEVELS

JULY 27th – SATURDAY 10am-12noon CHARITY HEXATHLON 10am-12noon ! !

RAISING MONEY FOR CHILDREN'S HOSPITAL - BRING YOUR DOG! – SWIM WEAR - TOWEL ! ! !

JULY 29th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

AUGUST 3rd Huntington Beach Clean-up & Practice & Party) (CORNER OF PACIFIC COAST HIGHWAY & BEACH BLVD (NEXT TO LIFE GUARD STATION 21)

August 23rd Friday Special Dinner for Carden Summer Volunteers 7:30pm-9:30pm



SHORINJI KEMPO JUNE 2019 SCHEDULE

CHILDREN CLASSES 6:30PM-7:45PM - ADULT CLASSES 7:45PM-9:30PM <http://sk-oc.org>

JUNE 3rd Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

JUNE 6th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

JUNE 7th Friday 7:00pm-8:30pm ALL LEVELS

JUNE 10th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

JUNE 13th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

JUNE 14th – CARDEN SHORINJI KEMPO VOLUNTEER 11am-12noon !!

JUNE 14th Friday 7:00pm-8:30pm ALL LEVELS

JUNE 17th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

JUNE 20th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

JUNE 21st – CARDEN SHORINJI KEMPO VOLUNTEER 11am-12noon !!

JUNE 21st Friday 7:00pm-8:30pm ALL LEVELS

JUNE 24th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

JUNE 27th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

~~JUNE 28th Friday 7:00pm-8:30pm~~ NO CLASS ☹

June 28th – 30th 2019 (Friday-Saturday- Sunday)

Shorinji Kempo Study Session in Monterey, CA, Date: June 29 (Sat), 30 (Sun), 2019. (June 28 (Fri) for Grading Exam, Branch Masters' Qualification Seminar & etc.), Place: Gymnasium, Monterey Peninsula College, 980 Fremont St, Monterey, CA 93940

JULY 27th, 2019 Saturday 10am-12pm Charity Hexathlon

JULY 28th, 2019 Sunday Community Service Clean Up 10am-2pm



SHORINJI KEMPO MAY 2019 SCHEDULE

CHILDREN CLASSES 6:30PM-7:45PM - ADULT CLASSES 7:45PM-9:30PM <http://sk-oc.org>

MAY 2nd Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm (Kumi embu Practice)

MAY 3rd Friday 7:00pm-8:30pm ALL LEVELS (Kumi embu Practice)

MAY 6th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm (Kumi embu Practice)

MAY 9th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm (Kumi embu Practice)

MAY 10th Friday 7:00pm-8:30pm ALL LEVELS (Kumi embu Practice)

MAY 13th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm (Kumi embu Practice)

MAY 16th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm (Kumi embu Practice)

~~MAY 17th Friday 7:00pm-8:30pm~~ NO CLASS ☹️

KUMI EMBU TOURNAMENT

MAY 18TH, 2019 9AM-12NOON

BROWN & BLACK Belt Practice & Leadership Training

1:00PM – 3:00PM

MAY 20th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

MAY 23rd Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

MAY 24th Friday 7:00pm-8:30pm ALL LEVELS

MAY 27th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

MAY 30th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

~~MAY 31st Friday 7:00pm-8:30pm~~ NO CLASS ☹️

CARDEN TEACHING VOLUNTEER PROGRAM STARTS JUNE 14th – Aug 16th 2018

Sign-up sheet is at dojo! Every Friday from 11am-12noon



SHORINJI KEMPO APRIL 2019 SCHEDULE

CHILDREN CLASSES 6:30PM-7:45PM - ADULT CLASSES 7:45PM-9:30PM <http://sk-oc.org>

APRIL 1st Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm (Kumi embu Practice)

APRIL 4th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm (Kumi embu Practice)

APRIL 5th Friday 7:00pm-8:30pm ALL LEVELS (Kumi embu Practice)

APRIL 8th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm (Kumi embu Practice)

APRIL 11th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm (Kumi embu Practice)

~~APRIL 12th Friday 7:00pm-8:30pm~~ NO CLASS ☹️

APRIL 15th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm (Kumi embu Practice)

APRIL 18th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm (EXAMS)

APRIL 19th Friday 7:00pm-8:30pm ALL LEVELS (EXAMS) (Kumi embu Practice)

APRIL 22nd Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm (Kumi embu Practice)

APRIL 25th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm (EXAMS)

APRIL 26th Friday 7:00pm-8:30pm ALL LEVELS (EXAMS) (Kumi embu Practice)

APRIL 29th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm (Kumi embu Practice)

KUMI EMBU TOURNAMENT

MAY 18TH, 2019 9AM-12NOON

BROWN & BLACK Belt Practice
& Leadership Training

1:00PM – 3:00PM



SHORINJI KEMPO MARCH 2019 SCHEDULE

CHILDREN CLASSES 6:30PM-7:45PM - ADULT CLASSES 7:45PM-9:30PM <http://sk-oc.org>

MARCH 1st Friday 7:00pm-8:30pm ALL LEVELS

MARCH 4th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

MARCH 7th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

MARCH 8th Friday 7:00pm-8:30pm ALL LEVELS

Sunday, March 10th PARENT SELF-DEFENSE CLASS 10AM – 12NOON

PLEASE SIGN UP AT THE DOJO !!

MARCH 11th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

CHARITY BAZAAR!!!

THURSDAY MARCH 14th – FRIDAY MARCH 15th 6:30 PM TO 8:00 PM

All students are encouraged to bring in unbroken new or used items to sell \$1, \$3, \$5, \$10+

All donations earned will go to a Non-Profit Organization ! ! !

MARCH 14th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

MARCH 15th Friday 7:00pm-8:30pm ALL LEVELS

MARCH 18th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

MARCH 21st Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

MARCH 22nd Friday 7:00pm-8:30pm ALL LEVELS

SATURDAY MARCH 23rd COMMUNITY SERVICE CLEANUP 10AM – 12NOON

(THIS CLEAN-UP IS OPEN TO ALL STUDENTS/PARENTS THAT WANT TO HELP CLEAN THE DOJO)

MARCH 25th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

MARCH 28th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

MARCH 29th Friday 7:00pm-8:30pm ALL LEVELS

April 18th/19th & 25th/26th, 2019 EXAM MONTH



SHORINJI KEMPO FEBRUARY 2019 SCHEDULE

CHILDREN CLASSES 6:30PM-7:45PM - ADULT CLASSES 7:45PM-9:30PM <http://sk-oc.org>

FEBRUARY 1st Friday ~~7:00pm-8:30pm~~ ALL LEVELS CLASS CANCELLED DUE TO SPACE AVAILABILITY
CLASS MOVED TO WEDNESDAY TUESDAY FEB 5th, 2019 7pm-8:30PM

FEBURARY 2nd, 2019 SATURDAY LONG BEACH CHARITY WALK-JOG-RUN AT 7:30AM
5400 East Ocean Blvd, Long Beach, California Cost is \$12. Orange County Shorinji Kempo
Branch will donate the same amount for each person that signs up to a local Non-Profit
Organization. Please support the community you live in and take care of your health.

Sign up at: <http://www.abetterworldrunning.com/shorinji-kempo-2219-lb>

Password is: shorinji

FEBRUARY 4th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

FEBRUARY 5th Tuesday ALL LEVELS 7pm-8:30PM

FEBRUARY 7th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

White/Yellow Belt Exams

FEBRUARY 8th Friday 7:00pm-8:30pm ALL LEVELS

Green/Brown Belt Exams

FEBRUARY 11th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

FEBRUARY 14th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

FEBRUARY 15th Friday 7:00pm-8:30pm ALL LEVELS

FEBRUARY 18th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

FEBRUARY 21st Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

Green/Brown/Black Belt exams

FEBRUARY 22nd Friday 7:00pm-8:30pm ALL LEVELS

FEBRUARY 25th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

FEBRUARY 28th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

MARCH 10TH SUNDAY – PARENTS SELF DEFENSE CLASS 10AM-12NOON

PLEASE SIGN UP AT THE DOJO



SHORINJI KEMPO JANUARY 2019 SCHEDULE

CHILDREN CLASSES 6:30PM-7:45PM - ADULT CLASSES 7:45PM-9:30PM <http://sk-oc.org>

JANUARY 3rd Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

JANUARY 4th Friday 7:00pm-8:30pm ALL LEVELS

JANUARY 7th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

JANUARY 10th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

JANUARY 11th Friday 7:00pm-8:30pm ALL LEVELS

JANUARY 14th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

JANUARY 17th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

JANUARY 18th Friday 7:00pm-8:30pm ALL LEVELS

JANUARY 21st NO PRACTICE – MARTIN LUTHER KING HOLIDAY

JANUARY 24th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

JANUARY 25th Friday 7:00pm-8:30pm ALL LEVELS

JANUARY 28th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

JANUARY 31st Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

FEBURARY 7TH/8TH & 14TH/15TH EXAM DATES KYU AND DAN

FEB 7th/8th White/Yellow Belts - FEB 14th/15th Green/Brown/Black Belts

We are holding extra Shorinji Kempo classes on Fridays – 4 days in the month of January to aid the students with the February 7th/8th and 14th/15th examination. Please take advantage of these extra classes and manage your time between School/Work & 2 hr of Shorinji Kempo practice. Stay focused on understanding and repeating the techniques. Please submit your 2-4 written homework questions 1 week prior to the exam.

FEBURARY 2nd, 2019 LONG BEACH CHARITY WALK-JOG-RUN AT 7:30AM !!!!
5400 East Ocean Blvd, Long Beach, California Cost is \$12. Orange County Shorinji Kempo Branch will donate the same amount for each person that signs up to a local Non-Profit Organization. Please support the community you live in and take care of your health. Registration deadline is January 25th, 2019

Sign up at: <http://www.abetterworldrunning.com/shorinji-kempo-2219-lb>

Password is: shorinji



SHORINJI KEMPO NOVEMBER 2019 SCHEDULE

CHILDREN CLASSES 6:30PM-7:45PM - ADULT CLASSES 7:45PM-9:30PM <http://sk-oc.org>

NOVEMBER 1st Friday 7:00pm-8:30pm ALL LEVELS

NOVEMBER 2nd Saturday 10:00am-11:30am BROWN AND BLACK BELTS !!

NOVEMBER 4th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

NOVEMBER 7th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

NOVEMBER 8th Friday 7:00pm-8:30pm ALL LEVELS

SATURDAY, NOVEMBER 9th, 2019

ORANGE COUNTY SHORINJI KEMPO SPARRING TOURNAMENT !!

8am-9:00am Judges meeting/Preparation

9:00am-12:00noon Sparring Tournament

2pm-4pm Advanced Brown and Belt Practice (Exams)

~~NOVEMBER 11th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm CANCELLED~~

NOVEMBER 12th TUESDAY All Levels 7pm-8:30pm

NOVEMBER 14th Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

NOVEMBER 15th Friday 7:00pm-8:30pm ALL LEVELS

NOVEMBER 16th Saturday 10:00am-11:30am BROWN AND BLACK BELTS !!

NOVEMBER 18th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm EXAM (White/Yellow)

NOVEMBER 21st Thursday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm EXAM (Green)

NOVEMBER 22nd Friday 7:00pm-8:30pm ALL LEVELS EXAM (Brown/Black Belts)

NOVEMBER 23rd Saturday 10:00am-11:30am BROWN AND BLACK BELTS !!

NOVEMBER 25th Monday Children 6:30pm-7:45pm / Adults 7:45pm-9:30pm

~~NOVEMBER 28th Thursday CLASS CANCELLED !! HAPPY THANKSGIVING !~~

NOVEMBER 29th Friday 7:00pm-8:30pm ALL LEVELS

NOVEMBER 30th Saturday 10:00am-11:30am BROWN AND BLACK BELTS !!

FRIDAY, DECEMBER 13th, 2019 – CHRISTMAS PARTY !!

6pm-6:30pm Shorinji Kempo Practice

7pm-7:30pm Year End Awards

7:30pm-9:00pm Dinner/Party